



# FINAL REPORT



Türkiye - Czech Republic - Portugal - Croatia



Co-funded by  
the European Union

Hiporehabilitation as Digital Education Interaction  
2022-3-CZ01-KA153-YOU-000102111

KA153-YOU - Mobility of youth workers

Grant no.: 2022-3-CZ01-KA153-YOU-000102111

Hiporehabilitation as Digital Education Interaction

# PROJECT PARTNERS



JK Fany Hostěnice, Czech Republic

<http://www.fanyhostenice.wz.cz/>

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Nevşehir Hacı Bektaş Veli University, Nevşehir, Türkiye

<https://atbin.nevsehir.edu.tr/>

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TheKidsFellows - Research Group in Anthrozoology, Portugal

<http://www.thekidsfellows.com/>

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Krila-terapijsko jahanje, Zagreb, Croatia

<http://www.krila.hr/>



# PROJECT DESCRIPTION

The idea of the project is to support the improvement of the quality of work with youth with disabilities and to deepen cooperation between partner organizations in equine assisted services.

The aim of the project was to increase the professional potential of equine assisted therapy lecturers, to share and acquire new knowledge and skills needed for the successful implementation of innovative methods and thus to ensure a continuous improvement in the quality of youth work.



# 1. MEETING

Hostějnice, CZE

4. - 10. 10. 2023



During the first meeting, the participants learned about cultural differences, safety principles in equestrian sports and the basics of equine assisted services and para-equestrianism.

Practical demonstrations of horse care, saddlery and behavior in the stable was introduced, including introductions to para-equestrian sport paravaulting. At the end, a discussion was held on innovations in equestrian centers and the creation of digital methodological material for paravaulting physical activity.



# 2. MEETING

**Nevsehir, TUR**  
**7. - 11. 2. 2024**



During the second meeting, methodological approaches to equine assisted services were discussed. Furthermore, the preparation for the recording of digital material took place in the laboratory.

The practical part took place in the gym and equestrian center, where the participants focused on the preparation of clients with disabilities. This was followed by model lessons, recording and editing of digital video materials.



# 3. MEETING

Zagreb, CRO  
23. - 27. 6. 2024



During the third meeting, the pilot verification of the digital video material was discussed, model lessons were watched and worksheets for their evaluation were created.

There was a discussion on possible changes and additions to digital material and the strategy for the dissemination of materials on social media, including the division of responsibilities.

# INTERNATIONAL CONFERENCE

18th Heti International Congress Budapest

# From Science to Practice

18-22nd June 2024 Budapest

Mgr. Jana Tomišková, Ph.D. - Presentation on the topic: **PARA-VAULTING**

## Presentation abstract

[heticongress.org/wp-content/uploads/2024/05/Tomiskova-Jana-20-Para-vaulting.pdf](https://heticongress.org/wp-content/uploads/2024/05/Tomiskova-Jana-20-Para-vaulting.pdf)



# 4. MEETING

Gerês, PRT  
30. 9. - 4. 10. 2024



At the fourth meeting, we saw and evaluated the finished digital material, discussed its fulfillment of project requirements and the possibilities of further use.

There was a discussion about dissemination platforms, future projects and personal and professional development of participants gained through involvement in equine assisted services and paravaulting as a physical activity.



# PROJECT OUTPUTS

Website:

[www.paravaulting.eu](http://www.paravaulting.eu)

